





Michael O. Johnson

What are your hopes and dreams for 2009? As we begin a new year, it's a good time Dear Team Herbalife, to remember: "If you can dream it, you can do it." That's what our company founder Mark Hughes said. Mark knew the power of setting goals and believing in achieving them. Imagine Mark in 1980, a 24-year-old on a mission for nutrition. He knew that he could achieve his goals if he worked hard and believed in himself.

February 1, 2009, will be Mark Hughes Day. We will celebrate Mark's life and his legacy, and what a legacy it is. Our 29th company anniversary - incredible!

For almost 30 years, Herbalife has been changing people's lives through our products and business opportunity, as well as helping change children's lives through the Herbalife Family Foundation for more than 15 years. All this comes from the dreams and

We are continuing to fulfill Mark's dream. Together, we are helping people improve their determination of one young man. health with our science-based nutrition products and helping them overcome these tough economic times with our outstanding business opportunity. By working hard together, we are building better lives for ourselves, our families and our communities. And together, we will build a better world.

Thank you for all you do,













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what's | new



LEADING THE WAY

Herbalife will be leading the way as the Official Nutrition Sponsor of the 2009 Amgen Tour of California. The race, which will feature cycling legend Lance Armstrong*, will include stops in 16 cities February 14-22.



NOW IN 70 COUNTRIES!

Herbalife is now 70 countries strong. Honduras, Nicaragua and Guatemala became part of our Mexico and Central America region in October 2008, and the South America region welcomed Ecuador one month later. Bienvenidos to our new markets!



Start igniting your sales with all the great Digestive Health tools available on MyHerbalife.com. There are a number of support materials to help you promote the new Digestive Health powders and complete line of Digestive Health products.



HERBALIFE GOES L.A. LIVE

Team Herbalife is now settled in at our new corporate world headquarters at L.A. Live, the "Times Square of the West" in downtown Los Angeles, which also houses hotels, movie theaters, entertainment venues, world-class restaurants and The Grammy MuseumSM.



GET ON THE CALL

Knowledge is power! Receive in-depth product training from the best doctors and nutrition experts with the 2009 Training Call Series. Be sure to look for topics and schedules, to be announced on MyHerbalife.com.



SCIENTIFIC COMMITMENT

Two clinical studies showing the effectiveness of our Formula 1 Healthy Meal Nutritional Shake Mix have been completed. Visit MyHerbalife.com for details and related downloadable tools.

our | founder



Improving Lives Around the World



In celebration of Mark Hughes Day, we focus on ways of honoring his memory and legacy - his mission for nutrition – around the world. One way is through the continuing work of the Herbalife Family Foundation (HFF). In communities around the world, HFF is helping to meet the nutritional needs of at-risk children by providing funding and volunteers through its Casa Herbalife program, which supports charitable organizations serving children. Mark created the first Casa Herbalife Program in Rio de Janeiro and HFF now has Casa Herbalife programs in more than 35 locations worldwide.

"One of the most valuable insights I had about Mark was how much he really cared for other people," recalls President's Team member Paco Perez. "Mark consistently wanted everyone to do well, to be their best," Paco emphasizes, "from customers benefiting from the products to Distributors succeeding in their business." Paco feels this sort of commitment to helping others is still important today. "Mark passed down this vision during his years of leadership," he continues. "And as long as people continue to feel - and practice - this attitude, Mark lives on."

"You must treat people with love and affection from your whole heart." - Mark Hughes

President's Team member Mary Holloway agrees. "Mark valued and empowered each Herbalife customer and Distributor so they could reach their potential. He showed by his actions that everyone mattered," she explains. Mary emphasizes, "It's important that instead of prejudging, we embrace people from all cultures and backgrounds, and then show them how to increase their health and wealth - show them they matter. We have the ability to take people from where they are to where they want to be. This was important to Mark and I believe it will forever be true."

here's how

- Follow the advice of your coach - they will help you to stay on track.
- Never give up if you stick with the products, you'll see results.

Favorites:

• Herbalife Ultimate program, Liftoff®, H³0[®] Fitness Drink.

• Before: 271 pounds • After: 200 pounds



"My wife Michelle brought Herbalife into my life."

Bill V.

Bill knew that his weight had spun out of control. "I was scared because I was getting too big," he recalls. Bill had become a selfproclaimed "couch potato." He explains, "I was depressed and had no energy. I'd come home from work, have dinner and fall asleep early in the evening." That's when Bill's wife Michelle gave him a choice. "She said it was either size 48 pants or the products," he says. "The decision was easy to make."

"I was getting larger and larger."

"One day, Michelle measured me, and I had lost 6 inches around my waist," he beams. "The weight was starting to fall off." Bill is consistent about taking the products every day and can feel the difference in his energy level. "I can go running and do all the things I want to do," he says. "People can't believe how much energy I have." Bill continues, "I have regained my positive outlook on life. My self-image has never been better!"*

"I went from a size 48 waist to a size 36."

"My husband Bill is my best support system."

Michelle V.

Michelle was overweight and unhappy about the way she looked and felt. "I was stressed, depressed and felt inadequate," says Michelle. "For a year, I spent most of my time on the couch." Her energy level was suffering as well. "I was so lethargic and tired," she explains. "I didn't want to go out or do anything." Through the Herbalife business opportunity, Michelle was introduced to the products. "Within the first three days, my energy returned - and so did my hope," she says.

"I feel awesome, mentally and physically."

Michelle has taken the products every day for the past several years and has maintained a healthy weight. "I've lost 43 pounds and 9 inches around my waist," says Michelle. "I look at myself now and like what I see. I feel absolutely unbelievable." She has also been able to enjoy activities with her family. "I can go out with my husband Bill and swim with my kids now," she says. "Before, I would have never even been comfortable putting on a bathing suit." Michelle adds, "My kids say they finally have their mom back!"*

"Herbalife" products have given me my life back."



43 Pounds Lost

here's how

- Find a Wellness Coach to help you reach your goals.
- Take the products consistently - they work.

Favorites:

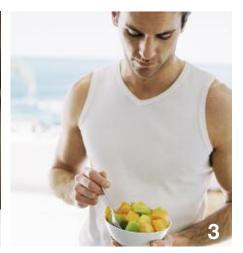
· Cookies 'n Cream Formula 1 shake. Total Control®. Relax Now.

• Before: 178 pounds • After: 135 pounds









Shape Up Your New Year



Luigi Gratton, M.D., M.P.H. Vice President of Medical Affairs and Education. Herbalife

Don't wait until spring to start shaping up for summer. The new year is the perfect time of year to refocus your weight-loss goals and renew your commitment to a healthy, active lifestyle. Here are some simple, but effective, ways to put your New Year's weight-loss resolutions into action.

1. Set realistic goals

The new year is a popular time for goal setting. But too often we set lofty goals that are difficult to achieve. Instead, make sure that you set small, manageable goals you can stick with. Try narrowing down your weight-loss goals to specific things, like losing 10 percent of your body weight, not eating after dinner, or scheduling exercise three days a week. These are attainable New Year's resolutions that you can track and achieve in a shorter amount of time. Once you achieve one or more of your goals, your self-esteem will increase, and you'll be motivated and inspired to keep going.

2. Tea it up

A great complement to any weight-loss program is drinking green tea. Studies show that plant-based substances found in green tea called polyphenols increase thermogenesis, the rate at which calories are burned. Green tea can also help promote weight loss by inhibiting the movement of glucose (sugar) in fat cells. A great way to get the weight-loss and antioxidant benefits of green tea is with Herbalife® Herbal Tea Concentrate. It also provides an energy boost to help you stay active.*

3. Snack wisely

Some people find themselves hungry in between meals and give in to the temptation of unhealthy snacks like junk food. But snacking can actually be good for you, providing you stick with healthy options. Try incorporating five to seven servings of colorful fruits and vegetables into your day, as they are packed full of nutrients and healthy antioxidants. Fruits and vegetables will also help satisfy your hunger and keep your energy level high. Protein Bars Deluxe are another great way to tide you over until the next meal. They contain healthy protein to satisfy hunger, without packing on pounds.

Weigh In On What You Know

Take this guiz to see how much you know about weight management. From calorie counting to metabolism to exercise, a little knowledge can help you go a long way.

Answer true ("T") or false ("F") to the following:

- 1. Eating slowly can help you feel full with less.
 - (T) (F)
- 2. Watching television, reading or working while you eat can help distract you from eating too much.
 - (T) (F)
- 3. Low-fat and fat-free foods have just as many, if not more, calories as their full-fat versions.
 - (T) (F)
- 4. Metabolism slows with age.
 - (T) (F)
- 5. Taking the stairs instead of the elevator has little impact when it comes to burning calories.
 - (T) (F)

A **Growing** Problem

- In the last 20 years, the prevalence of obesity in the United States doubled in adults.
 - National Center for Health Statistics, 2006
- Currently, 2 in 3 adults (66%) are overweight or obese.
- Only 26% of U.S. adults engage in vigorous leisure-time physical activity three or more times per week (defined as periods of vigorous physical activity lasting 10 minutes or more).
 - National Center for Health Statistics, 2005



ANSWERS

- 1. TRUE: When you eat too fast, your brain doesn't get the signal that you're full until it's too late and you've already overeaten. By savoring every bite, you can save yourself from too many calories.
- 2. FALSE: These activities can distract you while you eat, but they have the opposite effect: If you don't focus on your meal, before you know it, you've actually eaten much more than you wanted to.
- 3. TRUE: Eating low-fat or fat-free foods doesn't necessarily mean you're consuming fewer calories. They tend to have as many calories as their fullfat counterparts, and oftentimes, fat is replaced with sugar, which drives up the number of calories.
- 4. FALSE: A slower metabolism isn't inevitable. The more muscle you have, the higher your metabolism, the faster you burn calories. With age, people have a tendency to exercise less, or less vigorously, meaning fewer calories burned per day. As activity levels and intensity go down, loss of muscle mass can occur. Simply put, the less muscle you have, the lower your metabolism.
- **5.** FALSE: Little things can mean a lot! You might be surprised to learn that it's possible to burn more calories simply by becoming more active in your everyday life - such as by walking to the mailbox instead of driving; walking to a co-worker's desk instead of calling or emailing; or, in this case, taking the stairs instead of using the elevator.

Giving Feels Good



Herbalife Independent Distributors continue to find creative ways to give back, despite today's worldwide economic challenges. Whether new to the business or seasoned veterans, our Distributors are enjoying the rewards of supporting their local and global communities.

At the 2007 Extravaganza, Chairman's Club member Leslie Stanford said it best: "The only thing better than making it, is giving it away." Leslie, a long-time advocate of Herbalife Family Foundation's (HFF) global efforts, also volunteers in her hometown and is considered a leader in her community. The same is true of Founder's Circle and other Chairman's Club members, who can be found hosting fundraising events and making significant gifts to their local charities.

President's Team member Mario Barreiro from Mexico also has a passion for his community. Mario has made donating to HFF a family affair and has made it a tradition to hand-deliver his gifts to the HFF offices with his wife and daughter by his side.

HFF receives royalty checks in varying amounts from Distributors around the world. Millionaire Team member Rosa Jaime has been contributing to HFF by signing over her royalty checks. Through this seemingly small act, Rosa has made a substantial impact on our Casa Herbalife programs, helping bring good nutrition to thousands of children last year. Global Expansion Team

member Francisco Herrera cleverly reused a Formula 1 canister and pictures of the children supported by HFF to create a donation jar for his Nutrition Club meetings in Chicago. "I wanted to show my customers and downline that we are a company of giving," said Francisco when delivering the canister to HFF.

At every level, in every country, Herbalife Independent Distributors are coming up with creative ways to incorporate charity into their weekly meetings, Nutrition Clubs and Weight Loss Challenges. "It still amazes me how generous Distributors are," says HFF Director Robyn Browning. "They put the 'Family' in 'Herbalife Family Foundation."

If you are interested in learning creative ways you can help HFF, visit us online at: HerbalifeFamilyFoundation.org.



NEW Formula 1 Variety Pack Is Here!

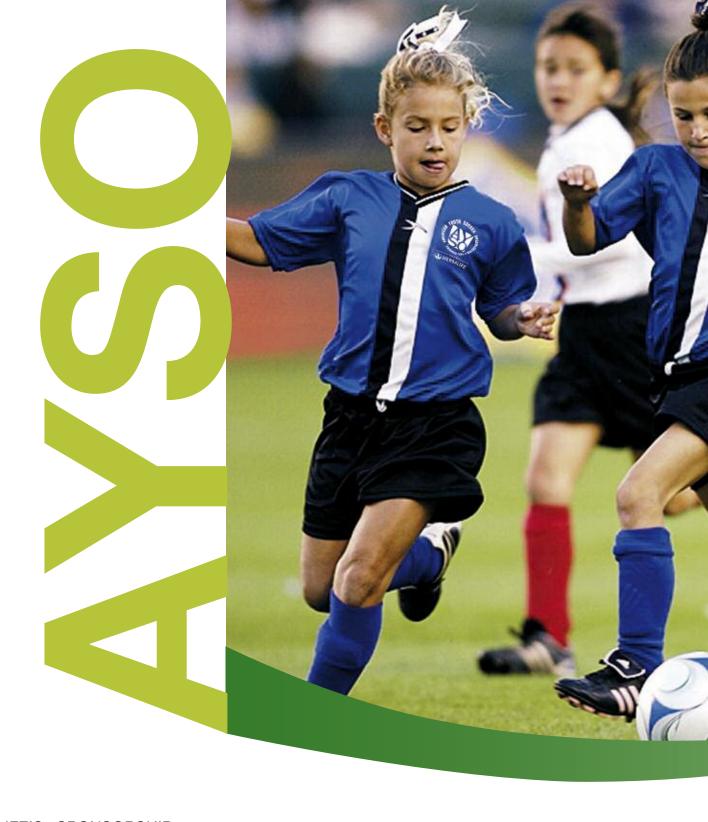
Shake it up

Now there's a variety of ways to shake up your day. Enjoy six delicious flavors of Formula 1 Shake Packets, available in one convenient variety pack. It's a great way to try different flavors, and they're perfect to take on the go. The variety pack is ideal for sampling, so you can introduce everyone you know to the benefits of a healthy meal.

Each 30-count bag contains five packets of: French Vanilla,
Dutch Chocolate, Wild Berry,
Cookies 'n Cream, Cafe Latte and
Piña Colada. Or if you have just one favorite, order our single-flavor packs.

Formula 1 Shake Packets Variety Pack #3995 (30 packets per bag) \$48.95





HERBALIFE'S SPONSORSHIP of the American Youth Soccer Organization (AYSO) has created excitement all across the country. And many Distributors are turning that excitement into sales by taking advantage of this unique business-building opportunity.

"This sponsorship is phenomenal," say President's Team members John and Karla Ingolio. "The 2008 AYSO season has been very successful for us. We've been able to make so many new contacts because of the fantastic exposure to our brand." John continues, "It's softened the market for Distributors to talk about Herbalife."

John and Karla have two AYSO Regions, both in California. "We got started by first registering, and then we contacted our Regional Commissioner to develop a relationship," says John. "Then we brainstormed ideas, like passing out flyers with information on the products for parents. We've had a very positive response to this."



A PICTURE OF SUCCESS

Another way John and Karla have experienced success is at Picture Day, an event attended by the families of AYSO children. "It's been a key event for us because we have the focus and undivided attention of each family," explains John. "We set up our own booth at the events where we make shakes and sample other products. Parents order the products because kids love the taste."

John adds, "Between the Picture Day events for both of our Regions, we

GET THE BALL ROLLING

- To get involved with AYSO, register by calling 310-258-7188 or emailing SponsoredEvents@Herbalife.com.
- Contact, meet and build a relationship with your Regional Commissioner.
- Approach families and educate parents about good nutrition for kids.
- With permission, set up your own booth at games and events - it will help to create excitement and new customers.

Action

took orders for over \$4,000 in products and gained over 80 new customers. We'll definitely be back next year."

FOCUS ON NUTRITION

World Team member Gail Iwahashi is sponsoring eight Regions in Hawaii, where there are 22,000 kids involved in AYSO. "Hawaii has one of the highest childhood obesity rates in the country, so providing healthy nutrition for kids is becoming more and more of a focus," says Gail.

"When I see families with children, I'll start a conversation by asking if their kids play soccer," she says. "Then I tell them Herbalife is the Official Nutrition Advisor to AYSO." Gail goes on, "As a mom, it makes me feel good knowing that I'm giving my children the gift of great nutrition. Now I'm able to multiply that feeling by helping other families get healthy nutrition, too. It's very rewarding."

A WINNING SEASON

"The 2008 season has been a huge success for my business," says Gail. "I've gained many new customers and Distributors. It's a very exciting time, and I'm so blessed to be a part of this."

Gail looks ahead to even more possibilities from Herbalife's sponsorship of AYSO. "I believe we're just getting started," she says. "I can see the big picture, and this is going to snowball to more and more families."



- Soothes the stomach*
- · Relieves occasional indigestion*
- Supports the immune system*
- Promotes regularity and healthy bowel movement*
- Supports growth of friendly intestinal bacteria*
- 5g of balanced soluble and insoluble fiber
- Add to Formula 1 for a thicker, smoother shake



Digestive Health

"Digestive health is the centerpiece of my business."

- Deb Trahern, Global Expansion Team

Educating your customers about digestive health might just be one of the timeliest and smartest things you can do for your business. With growing public awareness, people are beginning to understand the impact of "gut health" on overall health.

Global Expansion Team member Deb Trahern spent years dealing with serious digestive health issues. "I enjoy talking about digestive health because I know firsthand that its importance is second to none," she says. "Everything starts with the health of our intestines."

For Deb, focusing on digestive health has resulted in a rise in her retailing. "I inform people that a healthy digestive system is essential for nutrient absorption and getting the full benefit of all the products," she explains. "This concept always helps lead to sales of other products too."

PERFECT PITCH

So what's Deb's pitch when it comes to digestive health? "I ask people if they're feeling their personal best," she says. "Then I explain the connection between digestive health and general wellness." Deb continues, "I follow it up by saying that the good we do for our bodies on the inside tends to show up on the outside as well."

Deb's passion for the products comes from personal experience. "I tell people that I've had amazing results from our Digestive Health products," she says, "and that I have full confidence they will too."

NEW PRODUCTS, NEW OPPORTUNITIES

Herbalife's new line of Digestive Health products makes it even easier to accelerate your success. "The new line is fantastic," says Millionaire Team member Charlie Farrell. "I tell my customers that they will get even faster results with less effort and that the convenience factor is huge."

Charlie is particularly excited about the new Herbal Aloe Powder. "I describe how terrific Herbal Aloe makes me feel," explains Charlie. "I tell people that if they don't believe me, to try a glass after a big meal. I tell them that it will help them digest their food and that they won't have to take a nap on the couch."

In fact, it's never been easier to cleanse, soothe and enhance your digestive system, and get regular. Deb sums up how she seals the deal. "I let people know that I feel like a 20-year-old since I've been taking Herbalife® Digestive Health products," she says. "After I take them, I don't have to think about it anymore." Deb adds, "That's the key to digestive health - you shouldn't have to think about it."

Founder's Circle Member Susan Peterson on

to the Basics



What are the basics of building a business? "I go back to what Mark Hughes taught, likening the basics, RETAILING, RECRUITING AND TRAINING, to the

three legs of a stool," says Founder's Circle member Susan Peterson. "Without any one of the legs, the stool would topple. With all three equally bearing the weight of the stool, it's as solid as it will ever be, withstanding the test of time."

Susan continues by telling the story of two characters Mark Hughes talked about, Sally Homemaker and The Bodybuilder, whose stories illustrate the basics of Retailing, Recruiting and Training.

RETAILING & RECRUITING:

Fall in love with the products

"Sally Homemaker wants to lose weight, so she tries Herbalife® products," says Susan. "Her friends ask her about her weight-loss results, and she becomes their Herbalife Distributor and talks to them about the business opportunity as well."

TRAINING:

First perspiration, then gratification

To illustrate the power of duplication,

Susan tells about The Bodybuilder, who started out as a 90-pound weakling. "He commits to working out, and in the first 30 days, he's uncomfortable about going to the gym, but he keeps at it. By month two, he develops a good routine, but he still isn't looking the way he'd hoped he would. By month three, The Bodybuilder sees improved strength and definition due to his consistency and hard work."

As Susan says, "What we experience today is a result of what we started three months ago, which is why we work 90-Day Plans. Do the things that are duplicatable and teach them to your downline, so they experience the same success you do."

Getting results

"Techniques change, but the basic concepts never do," says Susan. "Some people do 'pavement advertising,' like flyers and pulltabs. Others place ads in their local newspaper. Different retailing and recruiting techniques work for different people."

Susan goes on, "If you want to build a rock-solid business or if you've hit a roadblock, ask yourself if you're doing the basics. That's what generates results."



Extravaganza 2008



The enthusiasm that will take us down the Road to \$5 Billion!

HIGHLIGHTS

HUGE product news! Leslie Stanford and Dr. Luigi Gratton introduced new Digestive Health powders -Herbal Aloe Powder and Active Fiber Complex.

EVERYONE learns at Extravaganza! The Weight Loss Challenge training took front and center stage. Breakout class topics included how to build rock-solid income, opportunities with the African-American community, and getting the most from our sponsorship of AYSO.

UNBELIEVABLE speakers! The North America Chairman's Club was out in full force, as were our President's Team and Millionaire Team, inspiring even the newest Distributor with the vision to "believe" and offering the tools to "achieve."



Thumbs up for Extravaganza 2008.



The rewards of giving to HFF.



A strong showing of our Nutriton Advisory Board.



Michael O. Johnson shares the floor with Chairman's Club and President's Team members.



Guests enjoy themselves at the "Rock the Kasbah" party.



President's Team member Jennifer Gunter co-hosting "Recognition Night."



"Photo Opportunity" qualifiers with Dr. Luigi Gratton.



All smiles for Team Herbalife in their Galaxy jerseys!



Taking notes on the Weight Loss Challenge.

Come to Paradise 30th Anniversary Vacation, Atlantis Resort, Paradise Island, Bahamas When Most Amazing Vacation in Herbalife History! ATLANTIS PARADISE ISLAND, BAHAMAS...

Qualify for the Vacation by February 2009 and receive a bonus getaway to Club Med Cancún!

Celebrate Herbalife's 30th Anniversary Vacation with Top Achievers from around the world in a Caribbean resort

Open to All Fully Qualified Supervisors Who Achieve Both Requirements:

- You must personally qualify to Active World Team (AWT) in 2008 or 2009. (AWT qualification does not have to be completed within the same 12 consecutive months as the Vacation Points qualification.)
- You must achieve a minimum of 130,000 Vacation Points* during the same 12 consecutive months between March 2008 and December 2009.

(*1 Vacation Point = 1 Volume Point)

Special Way to Accelerate Your Qualification:

You earn 12,000 Vacation Points for the 1st line non-TAB Team
 Active World Team member in your downline. (Vacation Points
 will be awarded on the first non-TAB Team AWT member in a line,
 up to three levels deep, in any one line.)

Special TAB Team Qualification:

• You earn 10,000 Vacation Points when you earn a minimum of 100,000 Royalty Points in the same 12 consecutive months that you complete your Vacation qualification.

Qualify for the amazing and unforgettable 5-Star Experience



Two ways to qualify for the 5-Star Experience:

All Fully Qualified Supervisors who sponsor 5 first-line non-TAB
 Active World Team in any 12 consecutive month period between
 March 2008 and December 2009. (Must also have
 130,000 Vacation Points in a 12 consecutive month
 period; however, this does not have to be in the
 same 12-month period when the 5-Star is achieved;
 Must personally qualify to AWT in 2008 or 2009).

OR

 All fully Qualified Supervisors who accumulate 225,000 Vacation Points in any 12 consecutive months between March 2008 and December 2009.

Go to the "Promotions" section at MyHerbalife.com for additional details.

Giancarlo Lanzilli and Viviana Lenarduzzi

New Chairman's Club members – South America





QUALIFIED: NOVEMBER 2008

Giancarlo Lanzilli and Viviana Lenarduzzi know that the moments of adversity play an important role in their development as leaders, and surviving through those tough times is simply their devotion to continuous improvement. Now, triumphant and renewed, they express with pride that the reward is worth it.

"We started the business at the same time our country was going through a financial crisis," they remember. "Those were difficult times." Giancarlo was working at a video store, while Viviana worked at a family business, both earning the minimum wage. Amidst all this, some friends from the university introduced them to Herbalife® products and then to the business opportunity. "In the beginning, we had our doubts, but the results and the company's performance made us think, 'What if this works for us and we miss out on this great opportunity?'" recalls Viviana.

At first, it was only a part-time endeavor, but then as their business grew, it became a full-time career. Giancarlo and Viviana point out that they have always used the basics, practicing traditional daily business methods such as "Use, Wear, Talk," holding product-sampling meetings, and qualifying for and attending training seminars and events. They soon spread their business to other open Latin American countries, and ultimately, after several years, they reached President's Team, making their dreams come true and enjoying a fantastic lifestyle!

"The business opportunity Herbalife offers is built throughout the years, training after training, and it's an incredible opportunity that offers financial freedom and a chance to grow as a person," Giancarlo explains.*

success tips:

- ▶ Try all the products.
- Be disciplined with your business and your daily activities because the results will show on their own.

Zac Tartol

QUALIFIED: SEPTEMBER 2008



15K

"15K is an amazing accomplishment achieved through the hard work of many Distributors. It shows that dreams really do come true with Herbalife. Now I have my eyes set on 20K!"*

DIAMONDS

QUALIFIED: SEPTEMBER 2008

Lidia Greszta





SENIOR EXECUTIVE PRESIDENT'S TEAM

"Reaching this milestone solidifies my conviction in the power of Herbalife® products, the Marketing Plan and us - the Distributors. I'm proud of the people in my organization who have made this possible. The beauty of this business is that by helping others, we are helping ourselves. The sky's the limit."*

Jack & Kara Gibson



QUALIFIED: AUGUST 2008

EXECUTIVE PRESIDENT'S TEAM

"Achieving President's Team is great, but this achievement brings us even more fulfilment. It means so much because we've helped someone else reach their goals. It's a strong sense of unity and teamwork."*







Start qualifying. Act now!

attend these high-level trainings that will catapult your business to new heights. Learn from the best of the best, and take advantage of all the great tools and strategies from Herbalife's top leaders.

Make the commitment today and mark your calendars for April to attend a training in a city near you. For more information and qualification details, visit MyHerbalife.com.

TOP 1% OF ALL EARNERS

Wenfang "Nancy" Lui





QUALIFIED: OCTOBER 2008

"I was looking for an opportunity with a better outlook."

Before joining Herbalife, Wenfang "Nancy" Lui ran a Chinese restaurant in New York City. "Each night for twelve years, I worked past midnight under stressful conditions," Nancy says. Because of her work environment, she was fatigued and her health suffered. "I wanted an opportunity that offered a better outlook for my future," she says.

"My health has improved greatly since I started using Herbalife® products."

Nancy discovered the Herbalife opportunity and began working the business. "I placed ads in newspapers, passed out flyers and spoke to others about the business daily," she recalls. While building her business, Nancy organized monthly conference calls, educating her downline and customers on the products and upcoming promotions and events.

"Discovering Herbalife has truly been a blessing for me and my family."

Nancy enjoys being able to share her business success with others. "I am grateful to Herbalife for the amazing products and business opportunity. Now I am very happy with my current income, and I'm looking forward to the future," she says. "I hope to continue sharing Herbalife for many years to come."*

what works:

- Attend all of the trainings, and apply what you learn.
- ▶ Talk with others about the business opportunity every chance you get.
- Spend time training your downline and customers on the business.



TOP 1% OF ALL EARNERS

QUALIFIED: SEPTEMBER 2008

Ewa Widulinska & Jan Widulinski



what works:

- Build a customer base that loves the products as much as you do.
- Make sure to follow up with your customers.
- Always dream big!

"Herbalife was the vision we saw for ourselves."

Ewa Widulinska and Jan Widulinski owned and operated their own medical and dental clinic. "Even though we lived fairly well with what we had, we envisioned a bigger and brighter financial future," recalls Ewa. "We also wanted freedom and independence without managing employees."

"Now we have financial freedom."

Things soon changed for the better when a patient at their clinic convinced Ewa to try the products. "It wasn't long before she told me about the Herbalife business opportunity," explains Ewa. "The Marketing Plan was the vision we saw for ourselves." The couple then focused on the success of their customers. "We created 'Customers' Day,'" says Ewa. "It was basically a meeting that created a lot of enthusiasm about the products and the business."

"Our lives have completely changed."

Today, Ewa and Jan enjoy the family aspect of their business. "One of our sons, Lukasz, is a Global Expansion Team member, and our other son, Filip, is a World Team member," Ewa says with pride. "They have built their own customer base and are forming their own organizations." Ewa continues, "The future will bring only more success and build even stronger family bonds."*

TOP 1% OF ALL EARNERS

Charlotte & Jeffrey "Jeff" Whitson





QUALIFIED: SEPTEMBER 2008

"Herbalife gave us the opportunity to improve our lives."

Living in a small house with just one bathroom for their family of seven, Charlotte and Jeff Whitson were looking for a way to improve their quality of life. "I was a stay-at-home mom doing odd jobs to bring in extra money, while Jeff worked 60- to 70-hour weeks in a factory," says Charlotte. "We were under a lot of stress, until a family friend introduced us to the Herbalife business opportunity."

"Helping others get what they want helps you get what you want."

"We went to our first Extravaganza, and it changed our lives," says Charlotte. "We were inspired by Jim Rohn, who said, 'For things to change, you have to change,' and 'To be successful, you have to be teachable." Charlotte and Jeff made a commitment to their own personal development. "We began to surround ourselves with other Distributors who were climbing up the Marketing Plan," says Charlotte. "Our focus became those Distributors who were committed to being successful. We have a lot of great leaders in our organization."

"We love to travel, enjoy our family and make great friends!"

"Now we live in a beautiful brick home with three bathrooms! We also have three barns on five acres of land with a beautiful flower garden, three fountains and a large pond," says Jeff. He continues, "We already had what really mattered in life - our family - but we are so grateful for the difference Herbalife has made in our lives."*

what works:

- Assist your team in becoming successful. Develop the leaders in your organization.
- Never miss an event. They can change your life.
- Advertise consistently. inviting people to look at your business presentation.



QUALIFIED: OCTOBER 2008

what works:

- Share your story with friends, family and everyone you meet.
- Start a Nutrition Club and watch your business take off!
- Host a Weight Loss Challenge. It's a lot of fun and creates unbelievable results.



"We no longer live paycheck to paycheck!"

As a wife and a mother of four daughters, Tammy Geitzenauer had a very busy life prior to Herbalife. "I taught physical education and coached varsity volleyball, track and softball," she says. "I worked 50 to 60 hours a week, and was exhausted every night." Tammy looked for a way out.

"Herbalife has helped me to dream again."

"Although I loved teaching and coaching, I knew that I couldn't make enough money at it," says Tammy. After several unsuccessful business ventures, a friend introduced Tammy to the Herbalife opportunity. "I started the program right away," she explains. "I lost weight and instantly felt more energized."

"Herbalife is my way of life."

"I started the business to make an additional \$500 a month," says Tammy, "but I've done so much more. I've been able to pay off all my bills, reduce a lot of stress and spend more time with my family and friends." Tammy's commitment to helping others has led many to achieve the same benefits that come with success. "What an awesome feeling it is when someone says, 'Thank you for giving me my life back.' I am so glad that I was introduced to these unbelievable products and the business opportunity."*

QUALIFIED: OCTOBER 2008

what works:

- Follow your mentor's instructions, and remain teachable.
- Utilize all of the tools and trainings that Herbalife provides.
- Work your 90-Day Plans, and remain consistent.



Brenda & Randy Hill

"We've made a brighter financial future for our family."

Before Herbalife, Randy Hill was an elementary school teacher and his wife Brenda worked in the corporate world. When Brenda learned that her company had filed for bankruptcy, she took action. "I started my own business, making handmade paper," she says. Although the business showed promise, the couple was not satisfied with where they were.

"Our energy soared - we were feeling and looking younger in no time!"

Randy and Brenda looked for a way to work from home and soon discovered Herbalife. "We were energized, experiencing great product results in just a few days," says Brenda. They started working the business, followed the instructions of their mentor and soon found success.

"Within two years we were able to purchase our first home!"

"We feel blessed," says Brenda. "After renting for more than 20 years, we finally have our own home and flexible hours to work around our children." She continues, "We enjoy a higher income and are happy knowing that we are building financial security for our family, and helping others do the same for theirs."*





Stacie Loebig-Schafer

"It meant so much just to be there for my children."

Stacie Loebig-Schafer was a computer systems administrator. "Working 60 to 80 hours a week, I missed out on quality time with my children," she says. Due to downsizing, Stacie found herself laid off, broke and facing bankruptcy.

"I fell in love with the products."

Stacie discovered the Herbalife business opportunity on the Internet. "My mentor said that the first key to success was to get my own product story. And that's exactly what I did - I lost weight and felt amazing energy." She continues, "I followed the instructions of my mentor, learned as much as I could and started helping others to do the same."

"My life is truly amazing!"

Stacie and her family now live the lifestyle they had always hoped for. "I run my business right from my home, around my two beautiful daughters," she says. "I just purchased a brand new custom-designed Cadillac Escalade, and I have no worries about money or lack of time with my family. I have it all!"*

QUALIFIED: OCTOBER 2008

what works:

- Work on your personal development every single day.
- Follow your mentor's advice, and trust in their knowledge and guidance.
- Take immediate action to build your business, and then repeat it, improving just a little bit every single day.



Angie McOscar

"I experienced amazing results with the products."

Angie McOscar ran an in-home day care center before discovering Herbalife. One day, a parent from Angie's center introduced her to Herbalife® products. "Weight was always an issue with me," says Angie. "We were also struggling with finances; we'd accumulated over \$26,000 in medical bills due to our son's health issues."

"I make amazing pies using the Formula 1 Shake Mix!"

Angie started using the products and experienced success. "Instead of drinking a shake, I used the Formula 1 Shake Mix to create a pie," says Angie. "I had amazing results." Angie's product results inspired her to start working the business. "I worked one hour a day while my day care kids napped, and within a year, I matched my income," she says. "I was able to guit the day care business in 2001."

"I went from day care provider to international business woman!"

"Now my husband and I work our schedule around our son and daughter," says Angie. "We are enjoying the freedom and lifestyle that a home-based business provides. I am truly living the lifestyle of my dreams."*

QUALIFIED: OCTOBER 2008

what works:

- Believe in the products and in yourself.
- Use the products, and create your own product results story.
- Implement a Weight Loss Challenge and watch your business soar.



QUALIFIED: JULY 2008

what works:

- Get emotionally attached to the products and the business opportunity.
- Allow your mentors to expand your vision of what's possible.
- Qualify for everything, no matter what.

Ivette & Ramiro Orozco



"We can spend more family time together."

Before Herbalife, Ivette and Ramiro Orozco were no strangers to working long hours. "I was a project manager and Ramiro was a civil engineer," explains Ivette. "I found myself driving 1½ hours to work each day, and 2 hours to get home in the evenings. We devoted more energy to our jobs than to one another."

"I wanted my son to have 'mommy care' instead of day care."

After reading an advertisement on the Internet, Ivette discovered the Herbalife business opportunity. "I was so excited to learn about Herbalife," she says. "And working with someone, who had achieved an extraordinary level of success, like my mentor, President's Team member Donte Andry, was awesome!" By working a 90 Day-Plan consistently, opening a Nutrition Club and implementing a Weight Loss Challenge, they've taken their business to greater heights.

"We've been able to quit our jobs and have more family time."

"It's an amazing feeling to be there for our children," says Ivette. "We see them wake up each morning, take them to school and attend all their events." She adds, "And the best part is, we're just getting started!"*

QUALIFIED: OCTOBER 2008

what works:

- Develop a passion for the products.
- Keep working with your downline and your custormers.
- When times get tough, never give up.



Sheryl Tuttle

"I love the products."

Sheryl Tuttle was a teacher looking for a way to generate additional income each month. "My health was poor," she says. "I needed something that would help me feel better." When Sheryl discovered the Herbalife business opportunity, she immediately started using the products.

"My very first Herbalife meeting was an Extravaganza!"

"With the help of my Sponsor and mentor, I began building my business," says Sheryl. "I utilized a Daily Method of Operation that helped me to reach World Team by my second month," she explains. After attending her first Herbalife event, Sheryl heard the words of a Chairman's Club member that helped her to consistently work her business. "Those words were, 'Never, ever quit,'" she says, "and they've always stayed with me."

"We recently bought our 15-year-old her first car and paid cash for it."

Sheryl is now enjoying a more comfortable lifestyle. "Now my husband and I are in a financial position that allows us to help our two children," she says. "They're in college, and we can help them without going into debt."*





Bill & Michelle Vance

"We needed a change - Herbalife was the answer."

"I held a traditional job for over 22 years, working 12 to 16 hours every day," says Michelle Vance. "My dream was to be home with my 15-yearold, help my husband Bill leave his corporate job, and focus on our marriage ministry." It came as a blow when Michelle's employer took away all of her benefits, vacation time and retirement pension without warning.

"I was able to fire my boss and go full-time."

After learning of the Herbalife business opportunity, Bill and Michelle started their family using the products and working the business. In a short time, they all experienced success. "We lost weight, felt great and loved the products," says Michelle. The Vances began working with their mentors and committed themselves to a solid 90-Day Plan. "We made World Team while working parttime," says Michelle. "And after eight months, I went full-time."

"Our success is simply a reflection of our awesome team!"

"We are so honored and grateful to have a wonderful team of amazing people to work with," says the couple. "We now have the time and freedom we've always wanted. Our life is amazing. We've adopted a saying from our mentors, President's Team members Steve and Debbie Combs: 'Dream big dreams because, with Herbalife, they do come true!"**

QUALIFIED: OCTOBER 2008

what works:

- Make a 90-Day Plan, and work it consistently.
- Share the products and the business opportunity, and teach others to do the same.
- Have clear goals in mind, and make the commitment to reach them.





PRESIDENT'S TEAM: 10,000 Royalty Override points in 3 consecutive months; all of the benefits of a Supervisor PLUS 2%-6% Organizational Production Bonus Qualify for special Vacation and Training Events

MILLIONAIRE TEAM: 4,000 Royalty Override points



in 3 consecutive months; all the benefits of a Supervisor PLUS 4% or 2% Organizational **Production Bonus Qualify for special Vacation and Training Events**



GLOBAL EXPANSION TEAM: 1,000 Royalty Override points in 3 consecutive months; all the benefits of a Supervisor PLUS 2% Organizational Production Bonus Qualify for special Vacation and Training Events



WORLD TEAM: 2,500 volume points in each 4 consecutive months or 10,000 volume points at 50% in 1 month or 500 Royalty Override points in 1 month



QUALIFIED: **OCTOBER** 2008



Peggy & Dennis Casarez





Lisa & Steve Hahnfeldt Michelle Knickerbocker Halina Minkiewicz & Mike Kohne



Wen Li "Wendy" Man

QUALIFIED: **SEPTEMBER** 2008



Justin Massie



Sherry R. Moore

QUALIFIED: **AUGUST** 2008



Keegan Cervin



Amy Cress



Keith & Stacey Jones



Leavitt McBride



Rhonda Roback



Joelle Thone



Jamie & Jill Verduin

Qualifiers who were not available at press time.

OCTOBER: Jennifer M. Edwards Lisa & Brian Huber Yun-Fan Gao

SEPTEMBER: Dianne Cuffie
Edward Gringauz
Shalayh Hested
Cecylia Mikutel
Alexandros Papatheodoulou Gayle Rego Elizabeth Williams Malgorzata Szyper Brian Treat

AUGUST: Justine Banman Wai Lee Nicholas J Mataika Hema Sheikh



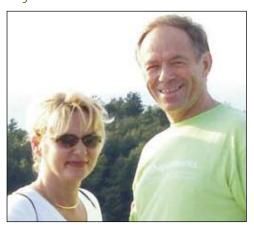
Bob & Karyn Gray



"Receiving this award means that we've been successful in helping so many people with the products and business opportunity. It also represents our consistency and drive to start conversations, leading to more presentations on health and wealth. We are excited and looking forward to our future growth."



Sylvia & Jan Wilinski



"This achievement represents a better life for so many people. Herbalife has given us the opportunity to help others achieve optimum health, and for us to be in the best condition of our lives."



Karen Jones & David DeSaegher



"It was an awesome feeling placing my Lifetime Achievement trophy next to my partner David DeSaegher's. It is symbolic of our passion to help fulfill Mark Hughes' dream of bringing good nutrition to the world."

QUALIFIED:

October 2008

WORLD TEAM

Abitua, Fabiola Abraham, Yvette Ball, Rosemary Basto-Gurwell, Daniel Bellevue, Marie Beltran, Sergio Bowler, Deborah Bradley, Patricia Brisco, Margie Bunay, Juan Burak, Nancy Burns, Cliff Cai, Yan Calderan, Cliff Canchari, Cesar Cantarero, Alma Carlos, Jorge Carrillo, Henry Caul, Lisa Chapman, Karlene Chapman, Teresa Charley, Brandon

Choe, Nak Connolly, Veda Cordoba, Lorenzo Curran, Nancy Davis, Roger Diaz, Richard Docekal, Linda Dunham, Scott Eggert, Cynthia Esposit, Marcy Felix, Natalie Ford, Sherri Fu, Zhujuan Ganc, Dennis Gilmore, Thomas Gonzalez, Homer Goss, Sandra Gradis, David Grossman, Ann Guerrero, Crayton Guzman, Beatrice Hanes, Matthew Harrington, Lisa Hernandez, Adriana Hines, Shauna Hoatson, Metzi

Jackson, Barbara

Jameson, Lisa Janusz, Marek Johnson, Scott Johnson, Vicki Jones, Monja Keorajavongsay, Thonglouane Kim, Yuny Kubiszewski, Maria Kutzer, Rhiannon Latronica, Raymond Lin, Ronald Liuzza, Frank Lyu, Rose Manuel, Roderick Martinez, David Mata, Ivonne McBride-Cooke, Trena McFadden, Bridget McHenry, William Metcalf, Larry Miller, Matthew Miller, William Minutella, Amanda Morris, Laurel

Morton, Adrina

Nevarez, Vanessa

Nevarez-Rivaz, Emmanuel Nisly, Wayne Offenberger, Andrea Olmedo, Hazel Orosco, Monica Paguay, Jose Palacios, Elizabeth Park, Mine Peck, Holly Perez, Elena Pichardo, Olga Prater, Treva Prend, Gordon Price, Cornelius Rangel, Ida Reyes, Esmeralda Reyna, Henry Richards, Scott Righter, Shirley Rote, Nancy Rothberg, David Samatar, Hodan Sanchez, Benjamin Saucerman, Gayann Savage, Kim Sepulveda, Jennifer

Seyde, Iracema Sharrard, Julianne Sierra, Anna Simon, Susan Smith, Becky Sorrentino, Patricia Stewart, Michael Storie, Shelly Sullivan, Virginia Teixeira, Jefferey Tercero Silva, Julia Tseng, Jenny Vaca, Claribel Valdovinos, Maria Vera Lopez, Vicenta Victor, Bill Wainwright, Christine Ward, Amy Warren, Christine Watson, Curtis Woods, Steven Wright, Donnie Zavala, Anna

CANADA

Bowman, David Chen, Baodong Driedger, Edie Gomes, Maria Holloway, Tina Holte, Rockne Huang, Ju Jidkova, Nataliia Keats. Donna Liu, Shao Wan Peters, Judith Peters, Lucy Pin, Nadine Wen, Jenny

QUALIFIED:

Chen, Xiao

September 2008

WORLD TEAM

Banks, Rob Bennicoff, William Camey Noj, Nelson Cline, Jeffrey Cossel, Patricia Duhamel, Jeffrey Fairbourne, Jason

Finnerty, Suzan Ignaczewska, Hanna Istvan, Susanne Lewis, Angela Marin, Cesar Mastifino, Lesley Mattson, Linda McCoy, Robin Meyer, Jacqueline Michael, Saturno

Mikutel, Aleksandra

Molley, Cynthia Murillo, Jose Patino, Jacob Pursley, Greg Putzeys, Wendy Quick, Laura Sadelska, Helena Suhoversnik, Marcia Veenhuizen, Kevin Villatoro, Maria Wallace, Timothy

Webb. Donna Welch, Malene Wiley, Travis Wilson, Tommie Zuck, Kevin

CANADA

Cabezas, Lidia Holte, Gregory Li, Vivian Peters, Judith Pujold, Beatrice

JAMAICA

Washington, Dwight Williams, Debra Wright, Eileen

QUALIFIED:

August 2008

WORLD TEAM

Alaniz, Alyanette Alaniz, Alyazette Alinsub, Aida Arnold, Lisa M. Ayala, Vicki Baboolal, Errol Bachman, Portia Bailey, Trisha Balta, Angela Barie, Jennifer Barth, Frederick Bell, Robin Beress, Tamara Blackman, Cindi Brayton, Ben Brenner, Tara Bringman, Sharon Brush, Samantha Bugayong, Emelyn Chae, Sung Chapel, Randy Chen, Dongying Chen, Ivy Choi, Peter Cline, Vincent Coleman, Melissa Corrente, Victoria Cruz, Carlos Davis, Sharon Dawson, Larry Dietz, Jessie Ditzel, Samantha Dolan, Jennifer Dorota, Niezgoda Duteau, Audrey Evers, Jason Fox, Mark Fullmer, Olivia

Gayou, Diana Gibbs, Linda Gilfillan, Kenneth Gilmore, Henry Giordano, Joanmarie Giraldo, Ana Gunn, Michael Gyamfi, Bismark Halina, Kubik Hall, Cynthia Harmon, Pamala Harrison, Michael Harvath, Cindy J. Hayes, Edna Heath, Barbara Hedgepeth, Suzanne Henry, Sharon Hodapp, Michele Jain, Sanjiv Jamerson, Christi Jennifer, Steele Jennings, Charlene Jones, Althea Joogoon, Christine Karesh, Edmund Kawecka, Monika Kim, Joleen King, Sarah Kolby, Wanida Koski, John Kujawa, Halina Laduke, David LaFrancis, Shirley Lee, Ahwoon Lee, David Legowska, Beata Lei, Xiu Lewis, Wendell Liang, Huiqing Limon, Sherlyn Long, Douglas Lopez, J.

Lozada, Cesar Lui, William MacDonald, Barbara Martin, Janice Martins, Michael Matthews, Shawna McConahay, Gregory McGriff, Timothy McKee, Norma McWilliams, Dana Meschke, Sharon Mitchell, Marcia Moncada, Hector Morales, Tonya Morgan, David Mumm, Mary Mundras, Aaron Najjar, Tom Newsom, Scott Norris, Natalee H. Nunez, Dolores Nunn, E. Oldham, Vicki Pancoast, Cristy Parra, Joe Parrone, Natasha Partap, Geeta Pender, Monica Pitterson, Gaveth Potman, Victoria Price, Ty Pullin, Patricia Raisch, Connie Ramdhan, Jamie Raymond, Meredith Reardon, Christopher Rector, Keila Renda, Helen Richardson, Callie Robinson, Kevin Roeder, Jennifer Ross, Jamey

Ruan, George Ruiz, Maryanne Sachs, Mark Saitta, Emily Sanford, Ricca Sayle, Jeffrey Scott. Sherri Sikorska, Elzbieta Smith, Jessica Smith, Krissy Smith, Laura Smith-Cole, Kim Soshea, Darlene Spain, Elton St Louis, Marlene Stachowske, Erich Stone, Carolyn Su, Haiyan Swartout, Norma Szczechowicz, Zofia Tang, Zong Fa Tanner, Melvin Tao, Zengnu Tenia, Catherine Terbizan, Robert Thomas, Melissa Tison, Rodney Tuhafy, Aws Vernon, Ted Wang, Qiang Waters, Debbie Weinzierl, Jodi Wharton, Maria Wilczynska, Malgorzata Williams, James Wiltshire, Nancy Wojtkowska, Bozena Wolfe, Kay Worthington, Melodie Xu, Xiaopin Ziemke, Ken

CANADA

Antonio, Anais Bhullar, Balwinger Cen, Mei Cheung, Brian Dhamrait, Baljinder Fong, Josephine Friesen, Liesa Gouin, Celiane Grewal, Alben Hatch, Madonna Jiang, Mei King, Dawn Liebrock, Larisa Maikantis, Charlene McCormick, Tammy Ramirez Pineda, Angelica Russell, Jennifer Thompson, Cathy

JAMAICA

Barrett, Garnett Coward, Jacqueline Gordon, Earl Julal, Omar Palmer, Almira

CONGRATULATIONS ON LIVING THE DREAM!



Herbalife salutes all Mark Hughes Bonus Award winners, President's Team members and 7,500 Royalty Point qualifiers.

Share in the excitement of Herbalife's most important leadership event of the year at the world-famous Beverly Hilton.

Hear success stories, exchange life-changing ideas and celebrate with Herbalife superstars as we prepare for our historic 30th anniversary in 2010.

Don't miss out on all the glitz and glamour.
For more information on attending this once-in-a-lifetime event,
visit: HerbalifeHonors.com.

March 19-23, 2009 Beverly Hills, California

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