A Lifetime of Health

Your body is the most important machine you will ever operate. Controlling what goes into it, increasing energy, obtaining better nutrition and maintaining health shouldn't be work, but rather, a lifestyle.

Every body needs protein, carbohydrates, fat, vitamins and minerals to survive. But to thrive, antioxidants, plant-based nutrients and other supplements specific to each body's needs are required. If it is difficult or overwhelming to consume enough nutrient-rich foods every day, look no further; Herbalife makes staying healthy easy.

Our range of Weight Management,
Targeted Nutrition and Energy & Fitness
products are formulated to help your body
better assimilate nutrients, eliminate
impurities and invigorate your energy so
you can easily—and successfully—be at
your best right down to your cells.

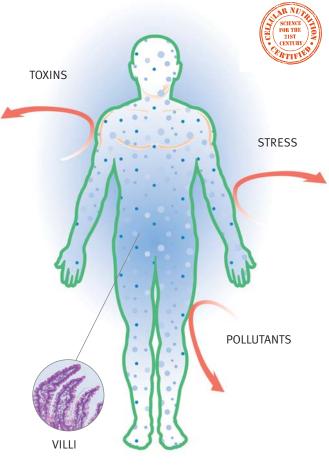
What's more, Herbalife's Personal Care | Outer Nutrition products help you look and feel as young on the outside as you are healthy on the inside.

Overall wellness is the goal. Herbalife can help you achieve it...for life.

Healthier cells for a healthier you

So, how can you take care of your cells, so that they can take care of you? Nourish them with the vitamins, minerals, antioxidants and other nutrients they need. And the best way to nourish your cells is with nature. That's why the basis of Herbalife's Cellular Nutrition, and the scientific formulation behind all Herbalife products, is the use of plant-based nutrients.

Herbalife maximizes Cellular Nutrition through unique, scientific formulations. It's the select blends of high-quality ingredients and the methods used to preserve their nutrient value...It's the way we personalize programs to address each individual's needs...It's the Herbalife advantage.



Cellular Nutrition

The health of your cells is

crucial if you want to live a

long, healthy and vibrant life.

Why? Because cells provide

the power for everything you

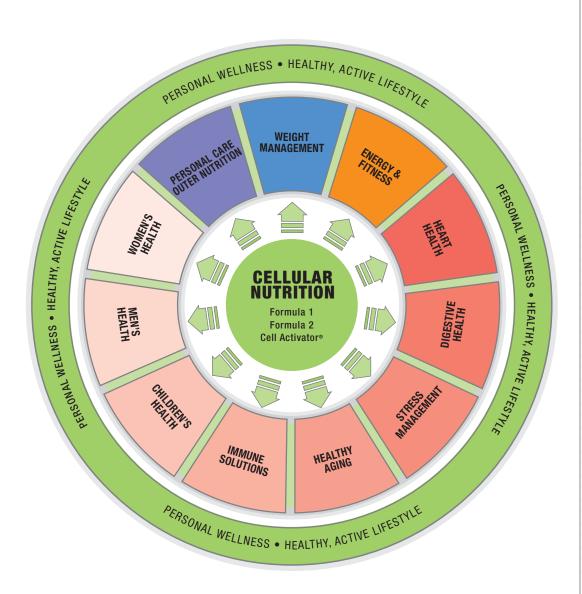
do-from thinking to growing. Simply put, you cannot be

healthy unless your cells

are healthy.

How does Cellular Nutrition work?

The concept of Cellular Nutrition is simple. All of Herbalife's products are scientifically formulated to support healthy "villi." These tiny, finger-like structures along the wall of your intestine are essentially "gatekeepers," helping your body absorb more nutrients, vitamins and minerals, while protecting you from toxins. The healthier your villi, the more efficiently you can absorb the nourishment your cells need–and the healthier you'll be.



With Herbalife's Cellular Nutrition, the latest advances in science meet the healthiest nutrients to bring you optimum health!