

Smart Nutrition for Healthy Hearts

The standard American diet lacks important nutrients essential to maintaining optimal vascular health. Studies show that the right nutritional support, coupled with weight control and exercise, can dramatically reduce heart health risk factors.¹⁻³ Herbalife's comprehensive line of heart health supplements – featuring CoQ10 Plus – provides targeted ingredients that support key areas of heart health, including healthy circulation, cholesterol reduction and maintenance.*



Endorsed by:

Louis J. Ignarro

Lou Ignarro, Ph.D.[§]
Nobel[†] Laureate in Medicine
Member of the Scientific and
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ENERGIZE

CoQ10 Plus

- Supports heart health with an exclusive blend of CoQ10, Vitamin D, and non-fish DHA from algae.*
- CoQ10, vital in generating cellular energy, is also a potent antioxidant and free-radical scavenger.*

#1500 \$39.95

MAINTAIN

Herbalifeline®

- Helps maintain healthy cholesterol and triglyceride levels already within a normal range.*
- Omega-3 fatty acids may reduce the risk of heart disease and support joint health.*

#0065 \$27.05

SUPPORT

Mega Garlic Plus

- Supports cardiovascular health with this exceptional garlic supplement.*
- Supports healthy circulation and heart health.*
- Each tablet supplies the powerful benefits of one whole garlic.

#0032 \$13.60

PROTECT

Tri-Shield®

- Provides powerful antioxidant protection for the heart.*
- Helps maintain healthy cholesterol levels already within normal range with three heart-healthy compounds.*
- Contains 100% pure Neptune Krill Oil (NKO®)**

#0100 \$37.30

ENHANCE

Niteworks®

- Keeps blood vessels toned, flexible and youthful for improved circulation.*
- Supports energy, circulatory and vascular health.*
- Enhances blood flow, supporting healthy function of the heart, brain and other organs.*

#0036 \$89.95 (30-day supply) #3150 \$48.75 (15-day supply)

TARGET

Core Complex

- Targets the four key indicators of heart health: cholesterol, triglycerides, homocysteine and oxidative stress.*

#0073 \$89.20

[§]Dr. Ignarro is a member of Herbalife's Scientific and Nutrition Advisory Board, and receives compensation for his endorsement of Herbalife® products.

[†]The Nobel Foundation has no affiliation with Herbalife and does not review, approve or endorse Herbalife® products.

^{**}NKO® is a registered trademark of Neptune Technologies and Bioresources, Inc.

As part of our branding initiative, we are phasing in new product labels to our entire product line. During this transition you may receive products with either the old or new label design based on warehouse availability.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Good Heart Health **Begins with the Right Nutrients**

The Herbalife® range of dietary supplements helps you set the right nutrients to support your cardiovascular system.†

Target Area	Mega Garlic Plus	Herbalifeline®	Tri-Shield®	Core Complex	Niteworks®	CoQ10 Plus
Total Cholesterol		✓	✓	✓		
Triglycerides		✓	✓	✓		
LDL		✓	✓	✓		
HDL		✓	✓	✓		
Homocysteine				✓		
Blood Pressure	✓				✓	
Circulation	✓				✓	
Vascular Health					✓	
Heart Oxygenation				✓*		✓
Heart Energy				✓*		✓
Antioxidant Protection	✓		✓	✓	✓	✓

Fast Facts Straight From the Heart

Your heart beats about 100,000 times a day, 35 million times a year, and more than 2.5 billion times during an average lifetime. Sufficient levels of CoQ10 help give your heart the energy it needs.

- J Clin Pharmacol. 1993 Mar;33(3):226-9.
 - Biofactors. 1999; 9(2-4):291-9.
 - Lipids and Aging. 1989; 24(7):579-84.

Garlic has been shown to support healthy circulation.*

- Garlic Extra for HIV? Treatment Update. 1998 May;10(3):1-2.
 - Kasuga et al. Pharmacologic activities of aged garlic extract in comparison with other garlic preparations. J Nutr. 2001 Mar;131(3s):1080S-4S.

Evidence from epidemiological and clinical secondary prevention trials suggest that omega-3 polyunsaturated fatty acids may have a significant role in supporting heart health.*

- Burr ML, et al, 1980; Singh et al 1997; De Lorgeril et al 1999; GISSI-Prevenzione Investigators 1999.

Krill oil has been shown effective in supporting healthy cholesterol and triglyceride levels.*

- Zhu, Jia-Jin; Shi, Jia-Hui; Qiean, Wen-Bin; Cai, Zhen-Zhen; Li, Duo. Effects of Krill Oil on serum lipids of hyperlipidemic rats and human SW480 cells. Lipids Health Dis: 2008; 7: 30. Available at <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2542376/?tool=pubmed>

Research suggests that L-arginine and L-citrulline, found in Niteworks®, help produce nitric oxide, which can protect cardiovascular health and help arteries stay flexible and youthful.*

- Wu G, Meininger C. Regulation of Nitric Oxide Synthesis By Dietary Factors. Annu Rev Nutr. 2002;22:61-86.

Visit MyHerbalife.com for all heart health training and retailing tools.

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†With the addition of CoQ10 Plus to Core Complex.

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